



DISCLOSURE STATEMENT

**6366 Fairways Drive; Longmont CO 80503
720-530-7621**

I received my Masters degree in Counseling from Regis University in 2003, I am a licensed professional counselor (LPC), Colorado License 4920. I do Horse Initiated Psychotherapy (HIP), am teacher graduate at The Barbara Brennan School of Healing (BBSH). BBSH is a four-year energy healing school. I am a certified massage therapist (CMT), trained in Reiki, Healing Touch, Energy Healing, Visualization and Eastern and Western Meditation Techniques, Chi Kung, EMDR and other trauma/body psychotherapy techniques.

I work with groups, couples and individuals in the following modalities: Mind Energy Body Transformation, counseling, body psychotherapy, EMDR, and hands-on-healing. Issues areas include: trauma, depression, anxiety, adoption and birth trauma, psycho-spiritual dynamics, self-mastery, soul evolution, EMDR, relationship challenges, sexual and attachment issues, and chronic or terminal illness.

CLIENT INFORMATION

At any time you may ask questions about my methods of therapy. You may always seek a second opinion or terminate our professional relationship. In addition, *I reserve the right to terminate our professional relationship and/or make a referral if I determine this to be in your best interest.*

My work holds the philosophy that all of us have a true healed “god-like” sense of self. Life experiences, trauma, especially prenatal, birth and childhood experiences, can create false images and beliefs about our self. As a result, we adopt defenses and a false sense of who we really are. This false sense of self can limit us from achieving our life’s passions and joys. Additional information on philosophy, areas of focus, and theories used in my healing practice are available upon request.

In professional relationships, sexual intimacy between therapist and client is never appropriate. Therapeutic touch, not sexual, is often a part of my work. *If you feel it is not supportive, or if you do not want it included as part of your session, it is your responsibility to let me know.*

Information provided to me is confidential and will not be disclosed. However, you should know that confidentiality will be waived:

- If there is suspicion of child or elder abuse or neglect in the past or present.
- If I determine you are a danger to yourself or others.
- If you provide written consent to release information.
- If a court of law issues a legitimate subpoena or if you are involved in criminal proceedings.
- For supervisory purposes or email.

(more)

